



JRS Foodbank

During these unprecedented times, refugees and people seeking asylum in the community need your help more than ever. Non-perishable food, toiletries and financial donations are desperately needed and appreciated.

Food items:

- **Basmati Rice (1kg & 5kg)**
- **Cooking Oil**
- **Long life milk**
- **Tinned tuna in oil (185g & 425g)**
- **Red kidney beans, lentils & chickpeas**
- **Biscuits & muesli bars**
- **Dry chickpeas, Red lentils & green lentils (1kg & 375g)**

Toiletries:

- **Nappies (large sizes)**
- **Toothpaste**
- **Toothbrushes**
- **Shampoo and Conditioner**
- **Sanitary pads & napkins**
- **Razors and shaving foam**
- **Deodorant (male & female)**
- **Soap**

Thank you for walking with us at this critical time.

We provide emergency payments and food to hundreds of individuals, including children to pay for rent and life-saving medications. These people do not have access to Centrelink, Medicare, the Pharmaceutical Benefits Scheme so your support is critical.

For school donations to JRS, please contact
holla.david@jrs.org.au

For more information, please contact
foodbank@jrs.org.au
and/or zoe.grant@jrs.org.au