

# JESUIT REFUGEE SERVICE AUSTRALIA **FOODBANK**

**During these unprecedented times, refugees and people seeking asylum need your help more than ever.**

Non-perishable food, toiletries and financial donations are desperately needed and appreciated to support the 150 families who access our Foodbank each week.

## **FOOD ITEMS:**

- Cooking oil (750ml/1 litre)
- Long life full cream milk (1L)
- Basmati Rice (1kg & 5kg)
- Dry Chickpeas & Dry Red Lentils (1kg & 375g)
- Canned Tomatoes (400g)
- Canned coconut milk & Condensed milk (400ml)
- Canned tuna in oil (not flavoured), (190g & 425g)
- Sweet biscuits and snacks
- Salt & sugar (500g and 1kg)
- Instant coffee
- Tea bags (black)

## **ESSENTIALS:**

- Clothes detergent
- Dishwashing detergent
- Nappies (esp. size 3,4,5,6)
- Shampoo & Conditioner
- Soap
- Deodorant (men & women)
- Toothbrushes & toothpaste
- Sanitary pads
- Razors, disposable
- Shaving cream

**Woolies and Coles Gift Vouchers also enable families to choose the items they need most.**

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[SCHOOLS@JRS.ORG.AU](mailto:SCHOOLS@JRS.ORG.AU) FOR MORE INFORMATION**