

FOOD BANK

JRS Australia provides vital support to over 150 households each week through our Foodbank program, providing food and essentials to families who would otherwise have nowhere to turn. With your help, we can ensure that no family has to choose between paying rent and putting food on the table.

Below is our list of food items and other essentials that we provide to the people we serve:

FOOD ITEMS:

- Long Life Milk (1 litre)
- Dry Red Lentils and Chickpeas (1 kg/ 500g/375g)
- Cooking Oil (750ml / 1 litre/ 2 litre)
- Canned tuna in oil (not flavoured) (95g /190g /425g)
- Canned tomatoes (400g)
- Canned coconut milk (400 ml)
- Canned condensed milk (400 ml)
- Canned Red/ Black/ 4 beans mix (420g)
- Canned Corn (420g)
- Canned Fruits & Veggies (420g)
- Canned Lentils or Chickpeas (420g)
- Pasta & Pasta sauce
- Sweet biscuits & savoury snacks
- Instant noodles
- Salt & Sugar
- Instant coffee
- Tea bags (black tea)

ESSENTIALS:

- Shampoo & Conditioner
- Soap
- Deodorant
- Toothbrushes & Toothpaste
- Razors (disposable)
- Shaving cream
- Clothes detergent
- Dishwashing detergent
- Sanitary pads
- Nappies size 4,5,6

Gift vouchers \$25 & \$50 from Coles, Woolworths also enable families to choose the items they need most

Thank you for supporting refugees and people seeking asylum in our community, who need your help now more than ever